



## 道慈佛社楊日霖紀念學校

透過「香港健康學校獎勵計劃」，學校得到寶貴之專業指導及學術支援，使學校在制定健康政策的方向獲得啟發。

為掌握最新資訊以便設計健康促進課程及活動，並與家長攜手培育學童從小注重健康的生活方式，學校積極參與有關健康教育研討會，如「幫助超重小孩控制體重」、「護脊講座」、「認識思覺失調」等。而計劃所安排的「學校危機處理」、「健康校園齊抗炎」等經驗分享會，能讓學校分享彼此在制定及推行有關政策的心得。此外，學校更透過計劃獲得海外培訓以及在本港持續進修的機會。

榮獲健康學校的榮譽，為本校教職員、學生及家長帶來莫大鼓舞，外界對本校健康政策的認同及讚賞為我校寫下了光輝的一頁，更重要是為我們注入強大的信心，繼續以全校性的政策去推廣個人、家庭及社區的健康訊息，致力促進基層健康。



## BTCFS Yeung Yat Lam Memorial School

Our school has acquired precious professional guidance and academic support by joining the Hong Kong Healthy Schools Award Scheme. We have also received inspiration in formulating the direction of our health policies.

In order to grasp the most updated information for the design of health promoting courses and activities and to co-operate with parents for the early nurture of a healthy lifestyle of their children, we actively participated in relevant seminars on health education. These included seminars on helping over-weight children control their weight and talks on spine protection and early psychosis. The seminars organized by the Hong Kong Healthy Schools Award Scheme on such topics as crisis management in schools and anti-SARS measures on campus allowed schools to share with one another their experiences in formulating and implementing the relevant policies. In addition, schools have the opportunity to receive overseas training and continuing education in Hong Kong under the Scheme.

The Healthy Schools Award and the reputation it brings are a great encouragement to our teachers, staff, students and parents. The recognition and appreciation of our health policies by the outside world adds a bright page to our school's history. More importantly, it boosts our confidence in continuing to promote individual, family and community health by policies that affect the whole school and in endeavouring to promote the health of the grass-roots.

